







#### ABOUT THE STORYBOARD PROJECT

Storyboard was founded by Rebecca Castillo, Ariana Hoshino, and Tiye Pulley in 2017. Funded by the Project Pericles grant at Swarthmore College Lang Center of Civic and Social Responsibility, Storyboard offers affordable programs to underserved youth in urban areas.

Throughout these programs, students will learn how to use photography, filmmaking, writing, and graphic design to share their stories and impact their communities by highlight important social justice issues. Field trips, guest speakers, and highly experienced instructors provide students with an unparalleled digital media education that prepares them to enter professional environments in a fun, interactive setting.



















#### Eliminating The Stigma Towards Traditional Coleadeos

The traditional coleaderos ('tail pullers') were brought from Mexico to the United States and have continued throughout many generations. Coleaderos are important to me because they are a part of both my family and cultural history. They happen frequently in Riverside, California. Many people don't hear about these traditional events because they are overshadowed by Americanized versions such as PBR (Professional Bull Riding).

A common scene involving a coleadero consists of a man riding a horse and trying to knock down a bull by wrapping its tail around its legs. If they knock down the bulls they are awarded a sash, but if they do not knock down the bull they are allowed to try again.

This topic is important to me because coleaderos are apart my cultural identity. I want more women to be involved and aware of traditional rodeos instead of Caucasian rodeos.

Story by Anissa Murrillo











### Postpartum Depression Is Real: It's Nothing Like Baby Blues

For nine months, our mothers made us; ten toes, ten fingers, two eyes, and two ears. They even made our little heart in just nine months. Sometimes though, our mothers can't help but feel confusion in theirs after we're born. Postpartum depression affects about 600,000 women per year in the United States alone. It's a largely unspoken condition more common than people think.

Postpartum depression isn't Baby Blues, and I know this firsthand because I was there when my mom braved it. It wasn't right after my brother was born and still wasn't until an entire year later. I was eight.

Story by Annie Deusch















### 'Happy' People Are Not Always Happy; A Discussion On Mental Health For Youths In LA

It is okay to talk about mental health; it is not something to be ashamed of. A lot of teens I, such as my classmates and friends, have been suffering from mental health issues and are afraid to talk about it. Many people go through the same thing and people--youths--need to know that they are NOT alone. It helps to know that someone else is going through the same thing. It is healthy to talk to someone about your problems and it is good to get it out. Society needs to know that not all people who seem "fine" and "happy" are, and that's okay.

Story by Anny Jiang







## The Life of a 10 year old with ADHD

Mental health in young children is often dismissed and there are not a lot of resources especially in underprivileged communities. This project specifically, focuses on the life of a 10 year old boy with ADHD. Young children don't understand their mental illnesses and they try to live a normal life. I have seen this firsthand with my younger brother, Abraham. He voluntarily shared his experience from the perspective of his home life, social life, and school life. He also shared what has helped him overcome struggles that come with ADHD.

Story by Greisy Hernandez











#### The Experience of an Immigrant Student in the U.S.

Parents would give up everything for their kids to have a better education and future, even if it means moving to a new country and starting over, but what happens when their kids get discriminated against because of the color of their skin or country of origin?

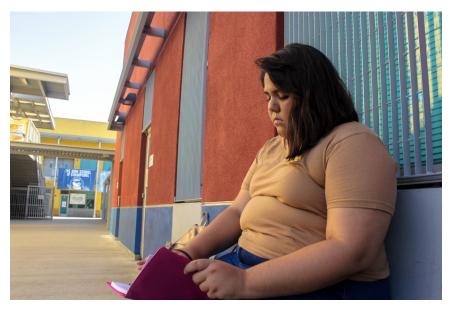
In addition to discrimination, these students are also not getting the education they deserve to have. Kids' chances of a bright future have decreased because of how difficult DACA has become. Not only is it harder to get a good education, but it is just as difficult to get a job. Immigrant students are usually unable to work and pay thousands more in college tuition and fees because of their status. In some of the worst cases, students are even sent back to their country.

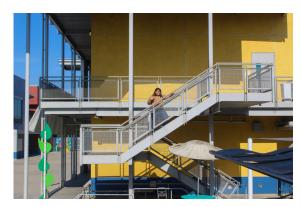
With my images, I want people to know about these struggles and that they can help; being kind to those who may be going through a tough time, standing up for these students as allies, and ensuring their voices heard are just some starting points. Most importantly though I want to stop discrimination.













#### Not Every Girl Has to be Just a Girl

When I took these photos, I tried to capture the feelings that my sister was going through. I believe that in each picture it's worthwhile to look deeply and realize how another person can be a mirror. Girls aren't just for boys and being lesbian, gay, bisexual, transgender or queer does not define who we are. We are all different. Everyone is an individual but the same all at once. We all love.

The reasoning behind my images and area of focus being on identity and the LGBTQ community is to let people know that we shouldn't discriminate against people for who they are or who they love. We need to stop doing bad things to good people that mean no harm to anyone. We need to stop doing bad things to people just because they are different. I feel that the majority of the people who live in this world are afraid of difference; they are afraid of change when we should be embracing it.

Story by Jahana Dominguez











# Should Schools Provide Students with Transportation?

My area of focus is whether or not schools should be responsible for covering the cost of transportation for students. This topic is important to me because my high school refuses to transport me to South Gate from Boyle Heights. This means I have to put money on my tap card throughout the school year. It is totally unfair that I have to use my own money for this when I could be using that money for things I need like school supplies or a new book.

My school currently transports students from Compton and South Central to South Gate because there are more students that go to our school from those cities. It's fully unfair that the school only will transports those students and not me. My school doesn't understand how early I have to get up and leave my house in order to arrive on time.

I want my images help inform the community and LAUSD That the school isn't treating everyone fairly. I hope to use these photos to help make it a requirement for all schools to transport anyone that lives far away from their school.

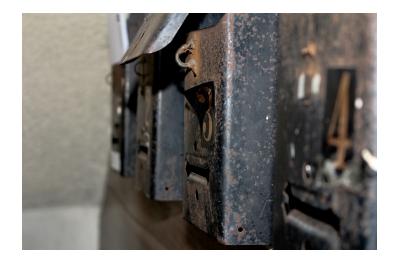








Story by LeeAnne Harrison



# The Struggles Of Reaching For The Very Expensive "American Dream."

There needs to be a change in my community surrounding the issue of overcrowded homes. Many people, like my family, came to the U.S. for the "American Dream," but they now find themselves struggling to even reach for it.

This is a problem because people should not have to go their entire life stressed about money. Many people go through poverty and unemployment while on their journey to the 'American Dream'. Many can't afford housing and are forced to live with extended family or on the streets. Overcrowded homes become loud and stressful at certain points and can dramatically affect the people that live in them. I believe there should be affordable housing for everyone.

With my images I hope to show people that the 'American Dream' is not as easy to reach for some as it is for others. I want to show why people in our community need well paying jobs in order to afford Los Angeles's sky-high rent prices. Wealth and race biases are something that cause these problems to go unfixed because those who can afford it, refuse to help those in need. I hope my photos can spotlight the communities that are overcrowded and play a role in lowering rent prices in Los Angeles.









Story by Nanci Eugenio



### Eliminating the Stigma that Comes with Mental Health Among Boys and Young Men

Coming from a background where the two most important men in my life are my father and my older brother, I have definitely noticed the stigma that comes with the mental health of men and young boys. This stigma is not okay at all.

From a young age, it teaches men that being "manly" means not showing feelings and repressing emotions. The further effect of this stigma results in men being more susceptible to becoming depressed and having other mental health problems.

I feel the need to spotlight this topic because I have experienced firsthand the horrible reality of having someone so close to you suffering from depression. I just feel the need to promote the idea of good mental health, especially in young boys and men.

Story by Nathalie Diaz











#### The Lack of Vocalization of Mental Health Issues Amongst Adults

Mental health is an important topic because of the many different stigmas surrounding it, specifically within adults. These stigmas include hurtful and judgemental thoughts. Many believe that adults struggling with mental health are "crazy" or "odd." They are often seen as wrong and not normal instead of simply being accepted and supported for who they are.

In addition to this being an important topic because of its stigmas, it is also very important to me, personally, because I have seen issues and stigmas affect my own family members. My mother, sisters, aunt, and cousins have poor mental health and are increasingly struggling due to choices not to vocalize their experiences. As a result of their own lack of vocalization and exposure, the people who they interact with on a day to day basis, have no understanding of their experiences or ways to help them. With my images I hope to remove these stigmas and create space for adults to speak freely about their emotions.









Story by Sylvia Lopez





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